

# LOCAL RESOURCES FOR OUR AREA

We know when times get difficult or overwhelming, a helping hand can be hard to find. The good news is there are many options in our area, whether you're a little down on your luck or in desperate need.

**This is a list of just a few of the places in South Bend / Mishawaka that can help you.**

## Start Here:

### Call 2-1-1

2-1-1 is the national designated number for information and referral across the country. If you need information or help, dial 2-1-1 at any time to speak with a trained and certified Information and Referral Specialist to find any community information needed, including food pantry hours and locations, after-school programs, emergency shelter locations, financial assistance and more.

## Health Care:

### HealthLinc - (574) 307-7673

Provides quality primary care services without regard for a patient's ability to pay. Services include a range of medical, dental, and behavioral health care for people of all ages, as well as easy access to low cost prescriptions.

420 W. 4th Street  
Mishawaka, IN 46544

Mon – Thurs 8am to 8pm  
Friday 8am to 5pm

## Mortgage Help:

### HUD – (574) 235-9475

Want advice on buying a home, renting, default, foreclosure avoidance, credit issues and more? HUD sponsors housing counseling agencies to provide free or low cost advice.

## Food:

### Food Bank of Northern Indiana - (574) 232-9986

Works with local churches and non-profit agencies throughout St. Joseph County to distribute free food, groceries, and food.  
702 South Chapin Street  
South Bend, IN 46601-2804

## Legal Help:

### Indiana Legal Services - (800) 288-8121

Provides clients with a wide variety of free legal assistance programs and consultations. They may be able to help with anything that is not criminal related, provided you meet income levels. Get help with such issues as foreclosure assistance and prevention, consumer debt, unemployment and government claims, support for dealing with debt collectors, and more.

### Call REAL Services - (800) 552-7928

REAL Services is a local, non-profit community action agency that offers low to moderate income people with various services and programs that can help them make it through a difficult period. In total they offer about 30 different programs and services. Contact them to apply for aid or to learn more about these programs and any other options they may have for you.

## A few other options:

### St Vincent de Paul Society - (574) 234-6000

Provides several services such as assistance with Food, Clothing, Furniture, and Emergency Financial Aid.  
520 Crescent Avenue  
South Bend, Indiana 46617

### The United Way - (574) 232-8201

Focused on financial stability, improving health, and better education.  
3517 East Jefferson Blvd  
South Bend, IN 46615

### Hope Ministries - (574) 235-4150

Housing, food, adult education, substance abuse recovery, life skills, healthcare, family life center and more.  
3517 East Jefferson Blvd  
South Bend, IN 46615

### St. Joseph Salvation Army - (574) 233-9471

Limited financial assistance by appointment only. They may pay and contribute to such expenses as utility and heating bills, rent, medications, and other expenses. Other programs offered include a food pantry, and holiday and Christmas meals and gifts.

### Center for the Homeless - (574) 282-8700

Emergency shelter, personal development and education, job training and placement, transitional housing to homeownership.

## Helpful Web Sites:

[www.MyUW211.org](http://www.MyUW211.org)  
[www.NeedHelpPayingBills.com](http://www.NeedHelpPayingBills.com)  
[www.BankRate.com](http://www.BankRate.com)