



Grocery List (05.11.07)

Baking Supplies:

- Vegetable oil
- Flour

Condiments:

- Honey
- Dijon mustard
- Lemon juice

Dairy:

- Margarine
- Grated Parmesan (in tub)
- 2- Sour cream
- 5 cups cheddar cheese
- Eggs
- Milk
- Unbaked Pie Shells
- Cheese Slices (whatever is cheapest)
- 1 tube biscuits

Produce:

- Baby carrots
- Potatoes
- 2- Salad mixes
- 1 lemon

- Portobello Mushrooms

Prepared:

- Italian breadcrumbs (make from scratch to save)
- Onion soup mix
- Chicken flavored rice
- Mild salsa
- 1 package taco seasoning
- Ritz type crackers
- Tortilla chips
- Boxed macaroni

Canned Goods:

- Chicken broth

Frozen:

- 1 package center-cut pork chops
- 1 package chicken breasts
- 1 package chicken tenders
- 1 package salmon fillets
- 1 orange juice concentrate

Meat:

- Deli Ham (whatever is cheapest)
- 1 package turkey bacon

Pasta/Grains:

- Spaghetti noodles
- Minute rice
- Tortilla shells
- 1 loaf bread (for grilled cheese)

Spices You Should Have: Paprika, White Pepper, & Nutmeg